



NHADACA

Annual Report 2016

The NH Alcohol & Drug Abuse Counselors Association

October 27, 2016

Mission Statement: NHADACA's mission is to provide quality education, workforce development, advocacy, ethical standards and leadership for addiction professionals. We empower efforts in prevention, treatment and recovery.

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President's Report



Happy 30th Anniversary to the NH Alcohol & Drug Abuse Counselors Association. Thirty years ago NHADACA was started by substance abuse professionals who realized the need to advocate for those in the substance abuse profession. I personally would like to thank Mike Beebe, William Lovett, James Hawks, Jack Timm and Estelle Accalia for signing NHADACA's first articles of agreement in November 1985. Because of these substance abuse professionals and the many others that followed, NHADACA has become one of the leading associations in New England; and our profession is now

greatly respected. Collectively we have helped our association grow and develop, while individually we continue to help those recovering from the disease of addiction.

It is with great pride that I report steady progress in response to the substance abuse crisis within the state of New Hampshire, despite knowing we still have a long way to go in responding to the heroin crisis plaguing the Granite State. As awareness spreads regarding the seriousness of this problem, more individuals advocate for a solution to this crisis and the further we will come in this fight. Never underestimate the power of your voice and efforts.

To recap, between 2001 and 2014 heroin deaths nationwide increased 594 percent, according to the Centers for Disease Control. Of the 47,055 drug-overdose deaths in 2014, heroin was responsible for over one-fifth. Since 2014, numbers have continued to increase further. New Hampshire suffered about 400 drug-overdose deaths in 2015, approximately a 17 percent increase from the prior year. This is on top of a 73.5 percent increase from 2013 to 2014. According to the state's Chief Medical Examiner's Office, the rapid rise in overdose deaths in recent years is largely attributable to fentanyl, a synthetic opioid that is often added to heroin or to other drugs. The CDC reports that fentanyl "is estimated to be 80 times as potent as morphine and hundreds of times more potent than heroin."

NHADACA hit the ground running at the beginning of January 2016 and we have been able to confidently and consistently respond to the dynamic and ever-changing environment. There have been a great deal of changes in our state, much in response to New Hampshire's heroin crisis. We have continued to strengthen our organization's role in combating substance misuse. New Hampshire is a small state with a large problem. In recognition of this the strategic plan we are in the process of implementing sets priorities, reinforces strategies, ensures consensus regarding action plans, all while focusing on the importance of quality outcomes. And rest assured that we will measure and fine-tune the organization's direction in response to the environment as it changes.

We have reached out to our NHADACA members and continue to do so, as we truly need your help and expertise in continuing to strengthen our organization. The strategic plan includes efforts will strengthen our committees by encouraging all of you to join and/or support committees such as fundraising, ethics/peer assistance, (continued on page 9)



Treasurer's Report

The treasurer has worked closely with the Executive Director to ensure that the NHADACA budget was followed and the fundraising activities and contracting opportunities were maximized.

As of October 21, 2016 the assets of the association total \$221,245.55. As of September 16, 2016 NHADACA had a total of \$146,318.34 in the checking account, with the current balance in the organization's checking account being \$143,799.55.

NHADACA has seen significant improvement in its financial position over the course of this year. In January 2016 the total ordinary net income of the organization was - \$79,661.42. This was not unexpected as funds from revenue reinvestment were targeted to support the expansion of the Association and the Training Institute to our current office space that encompasses our own training venue. Our investment has paid off in that total ordinary net income for the fiscal year to date is \$59,025.02.

NHADACA continues to contract with Rowley and Associates, P.A. to do our tax preparation and required financial audits. To date our audits have revealed no problems in budgetary management or financial policies and procedures. The most recent audit, completed on May 25, 2016, concluded that the information provided for the audit fairly represented the financial position of the organization for the fiscal year ending December 2015 in accordance with accounting principles generally accepted in the United States. NHADACA uses Quickbooks for accounting and contracts with Janet Weymouth for this service. Because the schedule by which Quickbooks is updated and the schedule of NHADACA Board of Directors' meetings, there are often gaps in the timely reporting of financial information to the Board. While financial reporting is accurate to the date of each report and annually, the association's Executive Director and Treasurer are working to improve the currency of reporting.

NHADACA has been increasing its contracts for training through the Training Institute. The Association continues to contract with the Bureau of Drug and Alcohol Services through its collaboration with JSI/Community Health Institute; the current contract is for \$216,000.00 which is reimbursed at a rate of \$18,000.00 per month. In addition, the Association has secured a contract with JSI to provide 16 recovery support trainings between September 2016 and August 2017. This contract, in the amount of \$63,384.00 will span FY 16 and 17. It will also enable the Training Institute to hire a training coordinator for a one year period to support the added responsibilities required by this contract.

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Financial Position as of October 2016:

ASSETS

Current Assets

Checking/Savings	
NHTIAD	140,860.13
Petty Cash Account	<u>197.61</u>
Total Checking/Savings	141,057.74

Other Current Assets

Inventory Asset	-331.75
Accts Receivable Other	39,718.00
Registration Receivable	2,105.00
Prepaid Expense	1,866.17
Prepaid Rent	2,900.00
Security Deposit	<u>2,800.00</u>
Total Other Current Assets	49,057.42

Total Current Assets 190,115.16

Fixed Assets

Furniture and Equipment	<u>55,395.05</u>
Accumulated Depreciation	<u>-24,264.66</u>
Total Fixed Assets	<u>31,130.39</u>

TOTAL ASSETS 221,245.55

LIABILITIES & EQUITY

Liabilities

Current Liabilities

Other Current Liabilities	
Accounts Payable Other	375.79
Lease Payable-WB Mason	<u>20,210.48</u>
Total Other Current Liabilities	<u>20,586.27</u>

Total Current Liabilities 20,586.27

Total Liabilities 20,586.27

Equity

Opening Balance Equity	149,094.70
Unrestricted Net Assets	-7,460.44
Net Income	<u>59,025.02</u>
Total Equity	200,659.28

TOTAL LIABILITES & EQUITY 221,245.55



Executive Director Report

NHADACA is celebrating 30 years! Can you believe we have been advocating and educating the profession for 30 years! This year has seen more staff changes, lots of training, fundraising and grant writing, and advocacy on many levels of public policy efforts. NHADACA continues to grow! Our membership has grown another 22 people this year and is now at 279 people. Here are highlights:

Staffing: After what feels like just a few short months (although it was just a couple months shy of 2 years) NHADACA staff said goodbye to Ginger Ross Thulander as Project Manager. Ginger has moved on to another job working more closely with recovery access point services. We wish her well in her new endeavors. 2016 saw Carrie McFadden, a fulltime temporary employee in 2015, hired fulltime permanent, then upgraded in position to Training Institute Director. We are still amazed at the coup it was to gain her here in NH. She is a fabulous and amazing asset to the entire organization. We also have a one year position available for a fulltime Training Coordinator. We are hoping to fill this position by the end of November 2016.

Training: The current JSI/Community Health Institute BDAS training subcontract continues through June 30, 2017. The intent of BDAS and JSI are to renew the contract for another contract cycle. Under the direction of Carrie McFadden the Training Institute is growing. By Dec. 31, 2016, NHADACA will have provided 9 webinars and 46 in person events including partnering with other organizations in the planning of a full statewide conference. As of today, 1,821 registrations (plus an additional 300 for the state conference) have been received for 2016 events. If you consider that for each registration, that person positively influences individuals impacted by substance use at 2 per day, that is a **reach of 1,019,760 clients/students/recovering persons** over one year!

Scholarships:

Scholarships were awarded to Al Matkowsky (\$500) to the New England School of Best Practices in Waterville Valley, NH; and Amy Pettengill (full scholarship + travel) to the NAADAC Annual Conference in Bethesda, MD. Congratulations to our scholarship winners! We have also awarded seven Train It Forward Scholarships to Carlene Ferrier, Carol Mahar, Sharon Geraci, Daniel Lavigne, Meredith Belesca, Heather Bridgeman, and Elizabeth Brochu. We are excited that due to a generous donation of \$5,000 from the Bank of New Hampshire in 2016 NHADACA will be offering Train It Forward scholarships specifically for LICSW, LCMHC and LMFT clinicians that are working toward obtaining the MLADC credential. Additionally, the training being held on December 2, 2015, Recovery Supports for People with Intellectual and Developmental Disabilities, will have registration scholarships available for family members of people with intellectual and developmental disabilities so that they may learn more about recovery support issues with this specialized population.

Advocacy: NHADACA has been represented at several stakeholder meetings and groups including the Governor's Commission Treatment Taskforce, Prevention Taskforce and Recovery Taskforce, the Addiction Policy Forum, senate bill hearings, Workforce Development Primary Care Integration, LADC Board public sessions and JLCAR rules sessions and several others. We continue to post information on our website about our activities as well as those of other key stakeholders as we learn of them.

Other Activities: NHADACA for all of 2016, has been engaged in a thorough strategic planning process. We received a grant from the NH Charitable Foundation for this project and subsequently contract with Executive Service Corps for their guidance and expertise. The plan, in its final draft stages, should be completed by the close of 2016.

NHADACA contracted with several agencies to coordinate training for them. We are open to doing that with other organizations as well. This is an important and valuable service for the substance use professionals across NH, as it expands the available professional development opportunities available statewide.

NHADACA did several fundraising projects this year including our first ever cribbage night. The big winners were crowned our NHADACA 2016 cribbage royalty. King Peter DalPra and his royal court (and in line for the throne) Princess Sue DalPra and Princess Carrie McFadden are the first of hopefully many years of cribbage players to be crowned NHADACA cribbage royalty.

Thank you for an amazing year at NHADACA!

~ Dianne Pepin, MEd., MLADC, Executive Director



NH Training Institute on Addictive Disorders

With Carrie McFadden hired fulltime and promoted to Training Institute Director, the NH Training Institute on Addictive Disorders has offered more training events than any other previous year. Since the NHADACA annual meeting last November we've held 46 professional development opportunities as well as co-sponsored various other in-person events in collaboration with partners throughout New Hampshire and New England. The various events have been a mix of in person trainings, webinars, as well as trainings requested by the state on specific topic areas. Eight additional trainings are planned for November and December.

Online Learning

We continue to expand our content available for online learning. Over the past year we have added 6 more webinars to our online library. Webinars can be accessed on our website at <http://www.nhadaca.org/webinars/>. As of November 2016 we have recorded 24 webinars. 20 webinars are available and can be viewed on demand. The others are in the editing process. Webinars are free for anyone to view without a certificate. However, non-members would need to complete a quiz and pay \$15. Since last November, we have added these new webinars to our archives:

- Environmental Management Strategies
- Core Function 3: Orientation
- Core Function 4: Assessment
- Motivational Interviewing Basics
- Co-Occurring Issues in Adolescence
- Psychopharmacology: What Substance Abuse Counselors Need to Know
- Therapeutic Approaches to Managing Withdrawal
- Exploring the Connection Between Prevention and Recovery
- Opiate Addiction & Treatment
- Creating a Safe Environment to Better Serve Transgendered Individuals Across the Substance Misuse Continuum

The professional development opportunities that we have hosted since last November include:

- | | |
|---------------|--|
| 12/01/15 | Sandra DelSesto & Dodi Swope, Ethics for Prevention |
| 12/02/16 | Sandra DelSesto, Resiliency and Recovery Oriented Systems of Care: Creating a Seamless System of Care |
| 12/03/16 | Joseph Zanella, Eating Disorders: The Silent Killer |
| 12/04/16 | Joseph Zanella, Relapse Prevention in Bipolar and Mood Disorders |
| 12/08/16 | Marissa Carlson, Teen Culture |
| 12/09/16 | Jacqui Abikoff, Ethical Issues for Recovery Support Workers |
| 12/11/16 | Tana Bridge, Understanding Adverse Childhood Experiences and Working with Complex Trauma |
| 12/15/16 | Amy Parece-Grogan & Trinidad Tellez, Communication Access, the Law and DHHS' Procurement Processes & CLASS Standards |
| 12/16/16 | Robert Hackenson, Jr., A Fresh & Dynamic Wellness Workshop on Substance Abuse, Bullying Prevention and Social Media Landmines |
| 12/17/16 | Peter DalPra, HIV Trends & Treatment |
| 1/29/16 | Panel, Collaboration in Primary Care |
| 2/01/16 | Larry Tyler, Trauma Focused Cognitive Behavioral Therapy |
| 2/12/16 | Peter DalPra, HIV Trends & Treatment |
| 2/18/16 | Jacqui Abikoff, Ethical Issues for Recovery Support Workers |
| 2/19/16 | David Parisi, Core Functions |
| 3/4 - 3/05/16 | Joanne McKenna, Understanding Psychiatric Medications |
| 3/14/16 | Ann Duckless, Adolescents at Risk for Suicide: What to Look For, What to Say and Do, and How to Connect with Appropriate Resources |
| 4/1/16 | Peter DalPra, HIV Trends & Treatment |

(continued on next page)

NHTIAD Report (continued from page 4)

- 4/12/16 Stephen Andrew, Motivational Interview Brief
- 4/14/16 Tana Bridge, Adverse Childhood Experiences
- 4/26/16 Tim Lena, Prevention Ethics
- 5/02/16 Ann Duckless, Co-Occurring Disorders in Youth: Offering Hope and Help with Mental Health & Substance Misuse Challenges
- 5/13/16 Susan Polyot, Ethics and Technology for Treatment Providers
- 5/16/16 Susan Polyot, Ethics and Technology for Treatment Providers
- 5/20/16 Jim Wuelfing & Art Woodard, Racism of the Well-Intended
- 6/02/16 Jacqui Abikoff, Ethical Issues for Recovery Support Workers
- 6/16/16 Joseph Zanella, Ethics & Clinical Practice
- 6/17/16 Joseph Zanella, Advanced Ethics for Clinicians
- 6/28/16 Rebecca Ireland, Environmental Management Strategies
- 7/08/16 Tom Allan, Basics of Group Counseling
- 7/19/16 Andrea Daly, Risk Management for Substance Abuse Counselors
- 7/28/16 Nick Ruf, Neurobiology of Addiction
- 8/3 - 8/04/16 Dodi Swope, Prevention Ethics Training of Trainers
- 8/05/16 Peter Dalpra, HIV Trends & Treatment
- 8/19/16 Michael Gaudet, Opiate Addiction & Treatment
- 8/18/16 Joanne McKenna, Mindfulness
- 8/26/16 Kelly Reardon, Ethics & Boundaries
- 9/07/16 James Figueiredo, HIV: An Update for Treatment Providers
- 9/09/16 Gia Drew, Creating a Safe Environment to Better Serve Transgendered Individuals Across the Substance Misuse Continuum
- 9/20 - 9/22/16 Ellen Morehouse, Introduction to Project SUCCESS
- 9/26/16 Larry Tyler, Clinical Documentation
- 9/29/16 Stephen Bogan, Marijuana and Youth: Trends and Implications with Complicated Legal, Medical and Recreational Use Debates
- 9/30/16 David Parisi, Core Functions
- 9/30/16 Stephen Bogan, Walking Into the Lion's Den: Working Effectively with Youth with Co-Occurring Disorders
- 10/11/16 Haner Hernandez, Hepatitis C: Current Resources for Medical & Behavioral Health Professionals
- 10/21/16 James Figueiredo, HIV: An Update for Treatment Providers



~ Carrie McFadden, MPH, Training Institute Director



Public Policy Committee

This has certainly been a year of exciting growth and change for substance abuse professionals and their clients within our state and nationally.

It goes without saying we have all been touched by the terrible tragic losses due to the abuse of opioid pain medications, heroin and fentanyl. Although with this media attention comes the opportunity that SUD professionals have been aware of for years. This is a fatal terminal illness. This current political climate is now open to our professional input. For example, this year saw the passage and signing of SB 524 CARA (Comprehensive Addiction Recovery Act). This legislation was signed 7/22/16 by President Obama. Along with this legislation is a commitment of \$181 million a year to spend on the delivery system for MAT (Medication Assisted Treatment) and evidence based counseling therapies. Also, licensed physicians can now provide this treatment to 100 versus 50 patients per provider at any given time. There is also a proposal to increase this limit to 275 patients for each licensed medical professional. Also, Nurse Practitioners will be able to prescribe these life saving interventions for opiate abusers.

On a more local note, the Medicaid services through the affordable care act administered by the NH Health Protection Program (NHHPP) has been helpful in lowering the cost of emergency care and increasing the accessibility of SUD care for previously uninsured people. The decrease in inpatient care to hospitals was down by 15.99%. Emergency room visits were decreased by 17.77% for previously uninsured patients. This data was obtained after six months of program inception. It is of importance to note that the Medicaid expansion program was approved for its second year in 2016 by the New Hampshire State House and Senate.

Just a quick glance around our state shows the new incentives toward long-term recovery. This is evidenced by the growth of five new centers due to the state funding through Harbor Homes; Regional Access Points through Granite Pathways, and creation of five Hope Recovery centers and more on the way. Expansion of the recovery access provides for the ability of clients to be introduced to a variety of peer support networks for on going long term recovery. A new field for entry into the substance abuse profession is evidenced by the growth of certified recovery specialists. It is now estimated that there are 23 million people in the United States in long-term recovery. This information has been made available through the national organization, Faces & Voices of Recovery. Although there is a considerable way to go, this is certainly an accomplishment in substance use field as a whole.

On closing, I would like to make one final request. Please be sure to contact your local NHADACA regional representatives from the north country, central New Hampshire, southern New Hampshire and seacoast regions to voice your opinions, concerns, thoughts, and feelings so we can continue our mission to deliver quality services for clients who are in need of both direct and preventive care. We can be reached at www.nhadaca.org

Respectfully submitted,
Charles B Bussison MS, LCMHC, LADC

Public Policy Back in Time....



Ethics & Peer Assistance Committee

The current process in place for the Peer Assistance Committee was approved and adopted in 2011. This has been a collaborative effort between the NH LADC Board and NHADACA Board to provide assistance to colleagues who may be experiencing difficulties which interfere with their personal and/or professional well-being. The NHADACA Peer Assistance Committee does not have authority regarding investigation of complaints or determining license or certificate sanctions. This model is based on national standards of practice of both NAADAC and the American Psychological Association as described in the APA 2006 report: *“Advancing Colleague Assistance in Professional Psychology.”*

To date, no activity has been reported on the use of the NHADACA peer assistance process. The committee recognizes justification for maintaining the peer assistance process, however -- due to the growing complexities within our field of practice and associated potential liabilities of evaluation and monitoring up to 5-years – the committee has recommended to the NHADACA Board:

- Explore utilizing and establish a referral process for the services of evaluation and monitoring to a system such as the New Hampshire Professionals Health Program (http://www.nhphp.org/About_NHPHP.html).
- Re-define NHADACA Peer Assistance within the scope of Peer Collaboration
- Focus the Peer Assistance Committee on providing opportunities (education/training) to recognize and utilize Clinical Supervision, Peer Collaboration, and self-care as risk management mechanisms.

The Committee looks forward to continued discussion with the NHADACA Board & the NH LADC Board on these topics.

~ Angela T. Jones, Angela T Jones, LCMHC, MLADC, LCS, RYT and Alex Hamel, MA, MLADC

Fundraising Committee

The fundraising committee was formed a only 2 years ago and has been very busy this year. We attended several events informing the community about NHADACA and participated in some fundraising. A Cribbage Night was held on June 16, 2016 at our office which included 8 players. We received \$247.00 in donations. Peter DalPra was the experience player to win the honor of King, and Sue DalPra and Carrie McFadden tied for the honor of Princesses among the beginners.

The NHADACA fundraising committee attended several recovery events in NH. On July 23, 2016, Take Back Our City was held in Manchester at Veteran’s Park. Lindsey Ducharme was able to solicit a donation of 4 Canobie Lake Park tickets which were raffled off at this event. On May 21, 2016, the Heroin Awareness Walk was held at Rollins Park in Concord, NH. A big thank you to Megan Douillette for volunteering to attend on behalf of NHADACA.

NHADACA participated in NH Gives Day, a statewide nonprofit donation campaign, which was held in June. We are happy to report we received \$1,003.22 in donations through this campaign. NHADACA’s Annual Day of Giving was held on September 22, 2016, our board members made phone calls to members checking in about their memberships as well as requesting a donation. We are happy to report we received \$1,759.98 in donations as well as a lot of valuable and wonderful feedback. There are also pledges that were made and the funds have yet to be received. We would like to thank all board members who took the time out of their busy schedule to assist in this endeavor.

A fundraising event will be held at the NH Behavioral Health Conference. T-shirts displaying the NHADACA 30th Anniversary logo will be on sale. These T-shirts look great and are priced reasonably so please stop by and pick one up. They make great holiday gifts.

On behalf of the fundraising committee, we would like to thank everyone who made these events possible. We are always looking for new members to join this committee so if you are interested, please contact NHADACA for meeting times and dates. Respectfully,

~ Annette Escalante, MLADC, Committee Chair

By-Laws Committee

The By-Laws committee reviews and discusses revisions proposed by NAADAC to the national by-laws and then reflects them in our NHADACA by-laws. Proposed changes were sent to the membership in early October and will be voted on at the annual meeting.

~Peter DalPra, LADC, LCS, Committee Chair

NHADACA Scholarships

NHADACA offers a \$500 scholarship to the New England Institute of Best Practices in Waterville Valley, NH, each year. Al Matkowsky was the award recipient for 2016.

NHADACA also offers a full scholarship for one of our members to attend the NAADAC Annual Conference (registration fee plus travel to include airfare and lodging). Amy Pettengill received the NAADAC scholarship in 2016 and joined us at the conference in Minneapolis, Minnesota.

NHADACA offers registration scholarships towards its events through a donation-based 'Train It Forward' scholarship fund. **Anyone** can apply for Train It Forward scholarships.

NHADACA also just received a \$5,000 grant from the Bank of New Hampshire to offer training scholarships for clinicians (LICSWs, LCMHCs and LMFTs who do not have a substance use credential, as they work toward requirements for an MLADC).



Nominations/Annual Meeting Committee

There are three specific components to the work of this committee. The first is to work in conjunction with the NH Training Institute on Addictive Disorders to select a speaker for the training portion of the Annual Meeting. This year the Annual Meeting will be held on Thursday October 27, 2016 as part of the 2016 NH Behavioral Conference: Integration and Capacity Building for a Health New Hampshire. This year, is NHADACA's thirtieth year so we will have our annual meeting in the evening, followed by dinner and a keynote speaker. The "Science of Hope" is our topic this year and our presenter Cassie Yackley Psy.D., PLLC. Many thanks to Carrie McFadden for the suggestion and for setting this up with the presenter.

The second component of this committee's responsibility is to manage nominations for the Board of Directors. Board vacancies for the upcoming election include: President-Elect, Secretary, and Representatives for Connecticut Valley, Student and (4) At Large positions. These are all two year positions with terms from 01/01/17 to 12/31/19. The position of President-Elect must be a nomination by the Board of Directors, and is required to already have served on the Board. This nomination was made and approved at the Board meeting on September 22, 2016. A request for nominations for all other open position was sent out by email to membership on August 26, 2016 and we had eleven responses from NHADACA members. Five were current Board members interested in being considered to continue in a Board position and six were members that are interested in joining the Board for the first time. This resulted in a full complement of names on the ballot, including a race for the Representative position in the following areas: Connecticut Valley, Student and At Large. Ballots were emailed to members on September 26, 2016 with a return by date of Friday October 7, 2016 by 12pm to allow time to calculate results of the election for the Annual Meeting.

The final component for this committee is the solicitation and selection of NHADACA Annual Awards. Each year we seek nominations for the following awards: Counselor of the Year, Thomas McTague Lifetime Achievement Award, Lifetime Advocacy Award, Legislative Advocacy Award and the Kathleen Taylor Legislator Award. In addition, the NHADACA President selects an award to be given at their discretion. An email was sent to all members on September 6, 2016 requesting nominations and included a full description of each award and the requirements of each. Nominations were due no later than September 20, 2016. In total we had three NHADACA members submit nominations for the various awards. All nominations were discussed at the full Board meeting in September and award selections were made at that time. Award selections made for all but the Lifetime Advocacy and Legislative Advocacy Award, as there were no nominations for these awards. Dianne agreed to order the award plaques.

Many thanks to the committee members (Regent Champigny, Annette Escalante and Linda Brewer) for their support throughout the year.

Respectfully submitted,

~ Lynne T. Towle LCMHC, MLADC, Committee Chair

NH Board of Licensing for Alcohol & Other Drug Use Professionals Liaison

Regent Champigny attended the January, February, March, April, and June, NH Board of Licensing for Alcohol and Other Drug Use Professionals' ("the Board") public sessions. Linda Brewer became the Liaison in July and was able to attend the September and October meetings. May, July, and August meetings were not attended.

Below is a summary of the Board's activities for the open sessions:

- Peter DalPra, Chairperson, and Barry Timmerman, completed their terms as Board members.
- Kelly Reardon assumed the position of Chairperson for 2016.
- Annette Escalante and Kathleen Russo joined the Board as new members.
- The board reinstated the expired 300 rules until they are updated. The board reviewed and voted to reinstate Rules Alc 217.01 (Requests for Explanation of Adopted Rules) and Alc 217.02 (Contents of Explanation) until the 300 rules are updated. This interim period was to last for 6 months. The board adopted the new 300 rules on October 13, 2016.
- Public comment for the proposed updates to the 300 rules occurred 04/14/16.
- The new 300 rules change the certification requirements for CRSWs as well as the initial licensure requirements for LADCs and MLADCs. LADC and MLADC initial licensure applicants are now required to attend 6 hours training in the substance abuse counselor 12 core functions and 6 hours training in confidentiality in addition to the 6 hours HIV and 6 hours of ethics previously required. CRSWs need 6 hours suicide prevention, 16 hours ethics, 6 hours HIV and the remaining hours in the recovery performance domains. There is also a change in experience and supervision hours for CRSWs.
- The Board formed subcommittees to review / update the 400 and 500 rules. These rules will include re-licensure and recertification rules, as well as supervision and collaboration rules. This committee is just starting to meet.
- The Board reaffirmed the protocol for pre-approved and non-pre-approved continuing education hours.
- Through June 2016, the board licensed 11 new MLADCs, 14 LADCs and 20 CRSWs.

Respectfully submitted,

~ Régent Champigny, LADC and Linda Brewer, LICSW, MLADC Liaisons

President's Report (continued from page 1)

bylaws and legislative. Regional directors have also been playing a larger role in our communities, especially in regard to public policy and legislation.

I am sure many of you are being stretched because of the low numbers of substance abuse professionals in this state. NHADACA through our Training Institute on Addictive Disorders are focused on bringing you the latest and greatest substance misuse trainings. Please help spread the word, and encourage other professionals to visit our website for information on trainings and professional development.

As stated in the July report, The New Hampshire State Loan Repayment Program (SLRP) provides funds to health care professionals working in areas of the State designated as being medically underserved and who are willing to commit and contract with the State for a minimum of three years (or two if part-time). The allotment of funds is contingent on the availability of specified SLRP funding in the State budget for any given fiscal year. Please go to the New Hampshire Department of Health and Human Services website for more information. This funding is vital to our clients and their ability to seek and participate in treatment services.

I would like to say again that lots of growth has been happening in the state of New Hampshire, opening up employment opportunities and the demand for substance use professionals. These organizations include Families in Transition, Keystone Hall, Hope for Recovery, Farnum North, Bonfire Recovery Services, Safe Harbor Recovery Center, and many more. Please go the NHADACA's website for a full list of substance use job opportunities available in around NH.

In closing, I would like to thank those of you who are participating in the October 27 and 28, 2016 New Hampshire Behavioral Health Conference for examining and discussing integrated treatment services for our clients. Thanks you also for joining us at the Grand Summit Resort and Conference Center as we celebrate NHADACA's 30th anniversary.

Thank you for your continued support,

~Lori Magoon MLADC, LCMHC, President

Prevention Certification Board Liaison

The mission of the NH Prevention Certification Board (NH PCB) is to prevent the misuse of alcohol, tobacco and other drugs by providing a professional credential, CPS. The purpose of Prevention Certification is to recognize and ensure that substance abuse prevention practitioners meet competency standards established by the International Certification Reciprocity Consortium (IC&RC) and the NH PCB.

The NH PCB continues to serve the growing profession of prevention in New Hampshire by conducting meetings on the fourth Monday of every other month at the Community Health Institute (CHI), 501 South Street, 2nd Floor, Bow, NH 03304. Telephone: (603) 573-3371. Email: nhprevcert@gmail.com Priscilla Davis is the Board Administrator. All board meetings are open to the public. The Board invites you to join them anytime! You can even do so remotely by calling in at: 1-866-210-1669, Participant code: 6375709. Minutes for each meeting are posted on the NH PCB website upon approval at the subsequent meeting. To review Board Meetings, go to <http://nhprevcert.org/>

On the NH PCB website, the 12 core principles which Certified Prevention Specialists adhere to in their work are outlined. These principles include: Non-Discrimination, Personal Responsibility, Professional Competence, Professional Standards, Public Statement, Material Credit, Recipient Welfare, Confidentiality, Professional Integrity, Remuneration, Societal Obligations and Professional Obligations. For further detail on these ethical principles, go to <http://nhprevcert.org/ethics>

The following is a summary of the NH Prevention Certification Board activities during 2016, (1) Charlotte Scott, Carrie McFadden and Courtney Gray were elected to serve on the Board of Directors. (2) A Workforce Assessment for Substance Misuse Professionals was conducted in May, resulting in qualitative data the Board will be using in future planning. (3) The Workforce Development Committee is working towards establishing a Professional Mentoring program for Substance Misuse Professionals, (4) Ongoing review of applications and re-certifications by the Peer Review Committee, (5) Board planning around moving toward online testing for the CPS credential; and (6) Tim Lena was selected to receive their "CPS of the Year" award.

~ Carrie McFadden, MPH, Training Institute Director

Treasurer's Report (continued from page 2)

NHADACA has secured a new contract with the Endowment for Health in the amount of \$13,771.00 to do a training on Recovery Supports for People with Intellectual and Developmental Disabilities on December 2, 1016. We also secured an award of \$2,000.00 from the Laconia Rotary and \$3,800.00 from the Mascoma Valley Savings Foundation to support a training on Marijuana and Youth in Meredith, NH that took place 9/29/16. This event drew about 60 participants. Another small contract was developed with Seacoast Mental Health in the amount of \$2,079.69 for a September 30, 2016 training in Portsmouth. NHADACA was also awarded a contract with Keystone Hall in the amount of \$14,000.00 for the coordination of 4 training events in Nashua.

New contracting initiatives that are in process or in the planning stages include a grant application submitted to the Dobles Foundation for \$25,000.00 for co-occurring disorders cross training for mental health professionals and a proposal submitted to the Governor's Office done in collaboration with New Futures for \$102,539.00 to conduct 12 Recovery Coach Academies to be held regionally across New Hampshire. The revenue potential of the Training Institute is expanding significantly, validating the decision of the Board to invest funds in the expansion of the Association's office space to accommodate the training facility. Dianne Pepin and her staff should be commended for their hard work and programmatic creativity that has made this growth possible.

Finally, NHADACA's fundraising efforts have realized \$15,241.29 in donations. This includes \$10,000.00 in matching money pledged by an anonymous donor in the last fiscal year but not received until this fiscal year. It also includes \$1,409.98 realized through the second annual Day of Giving on September 22, 2016. This is a very important activity for NHADACA and calls upon all of our members who benefit from the training events, advocacy and professional and workforce development activities of the Association to assertively support those activities. Please look for NHADACA's 3rd Annual Day of Giving in September 2017 and take this opportunity to support your professional organization.

Respectfully Submitted,

~ Jacqui Abikoff, LICSW, MLADC, Treasurer

Then and Now...

Then	Now	Opportunity
501 (c) 6 status	501(c) 3 status	access additional funding streams, apply for local and federal grants, conduct fundraising activities, as well as receive other private donations
No paid staff	2 fulltime and 2 part-time staff; with opening for another fulltime Training Coordinator	Committed employees seeking to fulfill the missions and activities of NHADACA; increased staff also provides the opportunity to offer additional services and activities that benefit the substance use related professions
No office space then 4 years of in-kind State office space	Centrally located office space in Concord, NH	Increased visible presence and accessibility of the organization, recognition as a key stakeholder in substance misuse workforce development and other substance related State initiatives
Training events and Board meetings held in rooms provided through in-kind support from State office; as well as at least 6 other low cost conference rooms throughout Concord	2 training conferences rooms with the maximum capacity of 24-50 people with classroom set-up and up to 100 people with theatre set-up	Consistency of location for training events; centrally located offering a consistent environment conducive to learning; with ample parking, handicap access and easily accessible restroom facilities; reduced confusion on where a training was being held
Four half-day workshops per year	35-45 training events per year including multi-day conferences, symposia, forums, livestream online events, on-demand webinar offerings and single and partial day trainings	Advanced opportunities for learning that enhance skills, advance knowledge and examine attitudes related to the provision of substance use disorder treatment, prevention and recovery services while appealing to a variety of adult learning styles
No website, to really confusing website	Cohesive website with online registration, credit card payment options, on-demand webinar offerings	NHADACA is a key information resource concerning substance use and related behavioral health issues

NHADACA/NHTIAD

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Thank You to Our Donors & Supporters

In our 2nd year of operating as a 501c3, we held several fundraising events as well as applied for various funding/grants to help support the provision of training to NH, We would like to thank you ALL of our generous donors and supporters:



Since the annual meeting in November 2015, the following companies and individuals have donated to NHADACA. The total dollar equivalent of donations in goods for the Silent Auction were \$1,098.00. The amount of donations and fundraising dollars raised to finish out calendar year 2015 were \$2,439.97. Due to these donations, we were able to received the \$10,000 Anonymous matching donation (which was received in 2016). In 2016, thus far, we have received \$15,241.29 in donations. Our goal for 2016 is \$19,500 therefore we have \$4,258.71 left to raise!

Keene Yoga Center
 Thrive Fitness for Women
 Inn Season Resorts
 Capital Ctr for the Arts
 Paul Gelinis Therapy Plus
 Olive Garden
 Karen Kelly
 Time to Clay
 Fratello's Restaurant
 Valley View Maple Fram
 NH Motor Speedway
 Regent Champigny
 Mary Woods
 Barbara Beardsley
 Donna Lennon
 Lynne Towle
 Lori Magoon
 Kevin Keefe
 Amber Violette
 Kathie Russio
 Meredith Senter
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 Pat Ristaino Dutton
 Jacky LeHoullier
 Cheryle Pacapelli
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 Connie Owen
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