

## THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

**Presents:** 

## **ACUDETOX**

## with Laura Cooley

## 1 HOUR WEBINAR TRAINING

PRESENTATION: A five-point ear acupuncture treatment is used around the world, beginning in the early 1970's, and initially for detoxing from methadone. Now expanded for use in behavioral health, including addictions, mental health, and emotional and disaster trauma, NH professionals can now be trained and certified to utilize this protocol. Dr H.L. Wen in Hong Kong discovered the opiate withdrawal symptom alleviation, and creative community members developed what is now known as the NADA protocol, or Acudetox. As Lincoln Recovery Center in the Bronx experimented with learning and using acupuncture for addiction treatment, its role in sustaining recovery over the long term proved more important than alleviation of withdrawal symptoms. The larger impact of facilitating wellness has resulted in the opportunity to design and implement Acu Wellness Centers in NH, to create non stigmatizing opportunities for the citizens of NH to obtain a simple treatment that alleviates withdrawal symptoms, depression, anxiety, insomnia and can facilitate clarity and balance often hard to find for our neediest citizens. As a result of this training participants will:

- 1. Learn what Acudetox is and what it's value is;
- 2. Become familiar with how the safe application of 5-point ear acupuncture treatment and the protocol for successful integration.
- **3.** Understand the law that allows the use of AcuDetox by those trained in the National Acupuncture Detoxification Association (NADA) for the purposes of Behavioral Health in NH.

**PRESENTER:** Laura Cooley, LAc, is a licensed acupuncturist and Registered National Acupuncture Detoxification Association (NADA) Trainer. She received her acupuncture and Chinese herbal training through a 4-year apprenticeship in Austin, Texas. Nationally certified in acupuncture (NCCAOM), she holds licenses in New Hampshire and Vermont. Laura is trained in Somatic Experiencing; a nervous systems-based trauma resolution therapy, and Hakomi, a body-centered, experiential psychotherapy. As a NADA Trainer, she has trained over 700 professionals in the use of acudetox. In private practice for 10 years, she was also the coordinator of acupuncture services for the HIV Wellness Center in Austin, Tx. Volunteering after 9/11, Katrina, and the Gulf Spill using acupuncture in disaster work led to making a film on St Vincent's program acupuncture in lower Manhattan post 9/11. She has facilitated a number of laws in states to allow for non-acupuncturists to provide acudetox.

Fee: NHADACA Members: Free, Non-Members: \$15

For registration information contact: 603-225-7060, training@nhadaca.org

1 Contact Hour Available

Certified Prevention Specialist Domain: 6 LADC/MLADC Categories of Competence: 12, 13

**CRSW Performance Domains**: 1, 4

NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A

(NH Alcohol & Drug Abuse Counselors Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No 6754. Programs that do not qualify for NBCC credit are clearly identified. NHADACA is solely responsible for all aspects of the program).

Schedule

On Demand