



THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

Presents:

PART 2: ADDRESSING MOTIVATION AND THE PROCESS OF CHANGE IN GROUP TREATMENT

with Dr. Carlo DiClemente, Ph.D., ABPP

1 HOUR WEBINAR

PRESENTATION: In this webinar Dr. DiClemente describes in detail the mechanisms of running groups that focus on promoting change. He explores ways in which we can address the heterogeneous grouping of individuals who are in various stages of change working together. He puts forth techniques and strategies on organizing, managing and running such groups and provides practical information integrating MI into the process of change promotion. As a result of watching this 1-hour webinar participants will be able to:

- Explain pros and cons of individual MI and group MI in the Change Process.
- Describe ways we can see indications someone is in the early stages of the process or the later stages.
- List ways to diffuse resistance in groups.

ABOUT THE PRESENTER: Dr. Carlo DiClemente is an emeritus professor of psychology at the University of Maryland Baltimore County and director of several training centers at UMBC. He is co-developer of the Transtheoretical Model of behavior change, and author of numerous scientific publications on motivation and behavior change with a variety of health and addictive behaviors. He published several articles and chapters on brief interventions and in 2018 the second edition *Addiction and Change: How Addictions Develop and Addicted People Recover*. He has also co-authored several professional books, *The Transtheoretical Model*, *Substance Abuse Treatment and the Stages of Change* (second edition), and *Group Treatment for Substance Abuse: A Stages of Change Therapy Manual* (Second Edition) and a self-help book, *Changing for Good*.

Fee: NHADACA Members: Free; Non-Members: \$15; 1 NBCC hour included
For registration information contact: 603-225-7060, training@nhadaca.org

1 Contact Hour Available

Certified Prevention Specialist Domain(s): 6

LADC/MLADC Categories of Competence: 3, 6, 7, 17, 18

CRSW Performance Domain(s): 3 & 4

NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A

(The New Hampshire Alcohol & Drug Abuse Counselors Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No 6754. Programs that do not qualify for NBCC credit are clearly identified. NHADACA is solely responsible for all aspects of the program).

Schedule

On Demand