



THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

Presents:

CORE FUNCTION VI: COUNSELING

with Kelly Luedtke, MEd. CAGS, MLADC

1 HOUR WEBINAR TRAINING

PRESENTATION: Counseling is learning and utilizing special skills and techniques to help individuals in achieving their objectives through exploration of a problem and its consequences; examination of attitudes and feelings, and alternative ways of appropriately making decisions. Counseling is at the heart of treatment and motivation, empowering and guiding is essential from the counselor to assist and bring forth client's effort to change. As a result of this training participants will:

- Understand the need for effective treatment planning
- Understand the global criteria associated with this core function
- Describe group counseling principles
- Learn techniques associated with different stages of change
- Understand the characteristics of an effective counselor

PRESENTER: Kelly is the Program Coordinator for NHTI's Addiction Counseling Program as well as a full time Associate Professor for the Human Service & Addiction Counseling program at New Hampshire Technical Institute in Concord. She has been in the profession of substance use counseling for over a decade, most recently serving as Chief of Operations and Clinical Officer at Serenity Place in Manchester, NH for the past 3 years. Kelly has worked in the treatment continuum from prevention, to detoxification, sobriety maintenance, medically assisted treatment, intensive outpatient, outpatient, and transitional living. She has served the community as an outreach worker, clinician, senior administrator, and educator. Currently, Kelly gives back to the community through her role as Secretary of NHADACA, as the liaison for NHADACA and the NH Alcohol & Other Drug Abuse Professionals Licensing Board, and by serving on the Peer Review Committee for the NH Alcohol & Other Drug Abuse Professionals Licensing Board. Kelly currently has her Master's in Education/Counseling and is a Master level Licensed Alcohol & Drug Counselor. Her education ventures continue with her pursuit of her CAGS in Mental Health Counseling from Rivier University where she then hopes to begin her Doctorate program in Clinical Psychology in the fall of 2014. When Kelly isn't lending her time to students or the substance abuse community, she enjoys exercising by running 5K's to marathons, Bikram Yoga, traveling to warm climates, and cooking anything out of her new vegetable and herb garden.

Fee: NHADACA Members: Free; Non-Members: \$15

For registration information contact: 603-225-7060, training@nhadaca.org

1 Contact Hours Available

Certified Prevention Specialist Category: 6

LADC/MLADC Categories of Competence: 3, 6, 7, 10

CRSW Performance Domains: 1



NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A

(NH Alcohol & Drug Abuse Counselors Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No 6754. Programs that do not qualify for NBCC credit are clearly identified. NHADACA is solely responsible for all aspects of the program).

Schedule

On Demand