



THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

Presents:

HARM REDUCTION

with Haner Hernandez, PhD, CPS, CADCA II, LADCI

1.5 HOUR WEBINAR TRAINING

PRESENTATION: Harm Reduction includes a wide range of effective strategies and techniques for reducing harm from a number of health-related conditions, which include substance use disorders and mental health condition. This webinar will include an overview of harm reduction principles and techniques and will discuss the process of change for improving health. Participants will learn about disparities and the need to develop equity.

Participants will:

- Describe the philosophy, principles, and practice of harm reduction;
- Describe at least 2 techniques and strategies for engaging people in Harm Reduction;
- Describe Disparities and Equity;
- Describe their role in promoting, supporting and sustaining meaningful change; and
- Name at least 2 resources for harm reduction.

ABOUT THE PRESENTER: Dr. Hernández is originally from Puerto Rico, is bilingual and has worked for 30 years in the health and human service field developing, implementing, and evaluating culturally and linguistically competent youth and adult health prevention, intervention, treatment, and recovery support programs. Also, Dr. Hernández has many years of experience in delivering addiction counseling and clinical supervision to professionals in the field. Furthermore, he is a professional trainer and facilitator and provides individualized technical assistance and support to organizations that provide addiction prevention, intervention, treatment and recovery supports. Haner is a person in long-term recovery from addiction and is committed to eliminating health disparities by working at the national, state, and local levels. He is currently a Senior Consultant to the Massachusetts Department of Public Health Bureau of Substance Addiction Services, with a focus on Access To Recovery (ATR), Recovery Supports, and the ten (10) Recovery Support Centers located throughout the Commonwealth. He also consults and teaches a number of courses at the New England Addiction Technology Transfer Center (ATTC) at Brown University and the National Latino and Hispanic ATTC. Haner earned a Bachelor of Science in Human Services from Springfield College and a Master of Education with concentrations in Counseling Psychology and Addiction Studies from Cambridge College in Massachusetts. His doctoral degree was earned at the School of Public Health and Health Sciences at the University of Massachusetts, Amherst. His major was Community Health Education and his minor was Social Justice Education. In addition, Mr. Hernandez holds an advance Certification in Drug and Alcohol Counseling at the reciprocal level, is licensed in Massachusetts, and is a Certified Prevention Specialist.

Fee: *NHADACA Members: Free *Non-Members \$15; 1.5 NBCC hour included

For registration information contact: 603-225-7060, traininginstitute@nhadaca.org

1.5 Contact Hours Available

Certified Prevention Specialist Domain(s): 6

LADC/MLADC Categories of Competence: 13-15

CRSW Performance Domain(s): 1, 2, 4

NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A

(... Alcohol & Drug Abuse Counselors Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No 6754. Programs that do not qualify for NBCC credit are clearly identified. NHADACA is solely responsible for all aspects of the program).

Schedule

On Demand