



THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

Presents:

HELPING INDIVIDUALS AT RISK OF SUICIDE

with Ann Duckless

1 HOUR WEBINAR TRAINING

PRESENTATION: Community members (gatekeepers) can play a role in preventing suicide. A gatekeeper is anyone who may have contact, even inadvertently, with a person at risk of suicide; therefore, essentially everyone is a gatekeeper. When gatekeepers have key information on how to recognize the warning signs of suicide and connect with a person at risk to get them appropriate help, the safety net for citizens in the community is strengthened. This Connect Program webinar training, designated a National Best Practice program, was designed to increase the competence and confidence of community members in preventing suicide. As a result of this training participants will:

- Gain knowledge of National Best Practices for community response to suicide thoughts, disclosures, and attempts
- Learn the risk and protective factors and warning signs for suicide
- Gain insights into suicide data and how age, gender, culture and other demographic and diversity factors impact suicide risk
- Learn skills for intervening with community members at risk and connecting them with appropriate resources
- Gain awareness of community resources and services and how they can be utilized for persons at risk

PRESENTER: **Ann Duckless**, has worked at NAMI NH in the Connect Suicide Prevention Program for the past eight years, offering trainings in suicide prevention and postvention to a variety of audiences, to include college campuses, military installations, tribal nations, and communities. She brings over 20 years of experience in substance abuse prevention and treatment to the Connect Program. Ann's varied professional work experiences including teaching at the high school and college levels, inpatient and outpatient counseling for substance abuse-addictions, youth prevention community work at the statewide level, and a unique systems perspective in dealing with public health issues. Trained as a cultural competence trainer by the Anti-Defamation League, Ann embraces and promotes cultural sensitivity to issues of gender, race, ethnicity, language, religion, disability, and sexual orientation/identity. Ann is a foster parent who also teaches classes to other foster/adoptive parents. Her work in suicide prevention honors the students and friends she has known who have died by suicide.

Fee: *NHADACA Members: Free *Non-Members \$15; 1 NBCC hour included

For registration information contact: NHADACA, 603-225-7060, training@nhadaca.org

1 Contact Hour Available

Certified Prevention Specialist Domain: 1-3 & 6

LADC/MLADC Categories of Competence: 1, 4, 5, 11- 13

CRSW Performance Domains: 1-4



NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A

(NH Alcohol & Drug Abuse Counselors Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No 6754. Programs that do not qualify for NBCC credit are clearly identified.

NHADACA is solely responsible for all aspects of the program).

Schedule

On Demand