



THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

Presents:

POSTVENTION: HOW TO PROMOTE HEALING AND REDUCE RISK AFTER A SUDDEN DEATH OR SUICIDE

with Ann Duckless

1 HOUR WEBINAR TRAINING

PRESENTATION: Using national best practices, postvention training prepares key service providers with ways to participate in and/or coordinate an integrated and effective community response to the suicide death of a client, student, colleague, or community member. Since knowing someone who has died by suicide is one of the highest risk factors for suicide, taking steps to reduce risk and promote healing (postvention) becomes an integral part of suicide prevention efforts. Connect Postvention training is offered to community stakeholders who may respond to a sudden death, to include suicide, in order to encourage help-seeking, reduce stigma, and promote healing for loss survivors and community members.. As a result of this training participants will:

- Gain an awareness of the **impact of suicide** and **recognize warning signs** of individuals who may be at increased risk after a suicide.
- Understand the **grief** that results after a suicide and learn ways to **enhance coping** for oneself and/or others after a loss.
- Understand **best practice protocols for communication and access to resources** after a suicide that may reduce further risk, and support healing for an agency or community impacted by a loss.

PRESENTER: **Ann Duckless**, has worked at NAMI NH in the Connect Suicide Prevention Program for the past eight years, offering trainings in suicide prevention and postvention to a variety of audiences, to include college campuses, military installations, tribal nations, and communities. She brings over 20 years of experience in substance abuse prevention and treatment to the Connect Program. Ann's varied professional work experiences including teaching at the high school and college levels, inpatient and outpatient counseling for substance abuse-addictions, youth prevention community work at the statewide level, and a unique systems perspective in dealing with public health issues. Trained as a cultural competence trainer by the Anti-Defamation League, Ann embraces and promotes cultural sensitivity to issues of gender, race, ethnicity, language, religion, disability, and sexual orientation/identity. Ann is a foster parent who also teaches classes to other foster/adoptive parents. Her work in suicide prevention honors the students and friends she has known who have died by suicide.

Fee: NHADACA Members: Free; Non-Members: \$15

For registration information contact: 603-225-7060, training@nhadaca.org

1 Contact Hour Available

Certified Prevention Specialist Domain: 2 & 6

LADC/MLADC Categories of Competence: 1, 4, 5, 11 & 12

CRSW Performance Domains: 1-4



NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A

(NH Alcohol & Drug Abuse Counselors Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No 6754. Programs that do not qualify for NBCC credit are clearly identified. NHADACA is solely responsible for all aspects of the program).

Schedule

On Demand