



# THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

Presents:

## TRANS-THEORETICAL MODEL: STAGES OF CHANGE

with Haner Hernandez-Bonilla, PhD, CPS, CADCA II, LADC I

1 HOUR WEBINAR TRAINING

**PRESENTATION:** This webinar will explore the challenges faced by individuals, families and communities seeking services from the Substance Use Disorder treatment system. Additionally, the participants will learn about the Trans-Theoretical Model of Behavior Change (Stages of Change). Participants will explore the context in which change occurs and will learn about the multiple strategies that affect, promote, and sustain change. As a result of this webinar participants will be able to:

1. Describe the Substance Use Disorders challenges faced by individuals, families, and communities;
2. Describe the Stages of Change and key characteristics of each stage; and
3. Describe their role in promoting, supporting and sustaining change

**PRESENTER:** **Dr. Hernández** is originally from Puerto Rico, is bilingual and has worked for over 27 years in the health and human service field developing, implementing, and evaluating culturally and linguistically competent youth and adult health prevention, intervention, treatment, and recovery support programs. Also, Dr. Hernández has many years of experience in delivering addiction counseling and clinical supervision to professionals in the field. Furthermore, he is a professional trainer and facilitator and provides individualized technical assistance and support to organizations that provide addiction prevention, treatment and recovery supports. Haner is a person in long-term recovery from addiction and is committed to eliminating health disparities by working at the national, state, and local levels. He is currently a Senior Consultant to the Massachusetts Department of Public Health Bureau of Substance Abuse Services, with a focus on Access To Recovery, Recovery Supports, and the Recovery Support Centers. Dr. Hernandez was appointed to SAMHSA Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) steering committee in 2014. He has served a consultant to several federally-funded initiatives in the areas of behavioral workforce development, HIV/AIDS, addiction prevention and treatment, military service members, their families and TBI and PTSD, and pediatric asthma.

**Fee:** NHADACA Members: Free; Non-Members \$15

For registration information contact: 603-225-7060, [training@nhadaca.org](mailto:training@nhadaca.org)

### 1 Contact Hours Available

**Certified Prevention Specialist Domains:** 1 & 6

**LADC/MLADC Categories of Competence:** 7 & 18



**CRSW Performance Domain:** 4

**NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A**

NH Alcohol & Drug Abuse Counselors Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No 6754. Programs that do not qualify for NBCC credit are clearly identified. NHADACA is solely responsible for all aspects of the program.

### Schedule

On Demand