

## THE NH TRAINING INSTITUTE ON ADDICTIVE DISORDERS

**Presents:** 

## ADDICTED TO FEAR

## with Joseph Zannella

1 HOUR WEBINAR TRAINING

**PRESENTATION:** This training is designed for Intermediate and Advanced clinicians seeking to understand and treat the growing problem of high-risk behaviors. The excitement and attraction of many activities leads to habitual and often hazardous outcomes. Clients often describe the thrill of crime, drug seeking, and anti-social behaviors. This training will explore the physical and mental attraction and addictive potential of these activities. Underlying mental health disorders that may contribute to the behaviors will be identified. Learning how to identify and educate clients who engage in these activities will help with their overall outcomes and decrease the risk of our clients self-harming.

## Participants will:

- Learn the biological basis for Fear and why it can become attractive.
- Learn similarities and differences between fear addiction and other addictions.
- Explain possible treatment for individuals addicted to the adrenaline rush.
- Explore supportive medications and treatments.

**ABOUT THE PRESENTER:** Joseph has 33 years of experience working with mental health and addiction issues. He specializes in helping people with Anxiety issues, Recovery from Addictions, and Eating Disorders. He has been the Clinical Director of ASIST Programs in Bridgeport for Family Reentry for the last four years, and was the Director of the Renfrew Center of Southern Connecticut for five years specializing in treating clients with Eating Disorders. He is on the faculty of the New England Institute of Addiction Studies for 16 years teaching at their summer school program. With Clinical and Administrative skills and in his work as a professional educator he has unique qualifications to assist both clinicians and clients. He is also in private practice in Fairfield County, CT.

**Fee:** \*NHADACA Members: Free \*Non-Members \$15; 1 NBCC hour included For registration information contact: 603-225-7060, <a href="mailto:traininginstitute@nhadaca.org">traininginstitute@nhadaca.org</a>

1 Contact Hour Available Certified Prevention Specialist Domain(s): 6 LADC/MLADC Categories of Competence: 1, 2, 14-17 CRSW Performance Domain(s): 2, 4

NBCC: LICSW/L-MFT/LCMHC (Category 1) & Psychologist Category A

Schedule On Demand